

You want superb Atlantic Cod delivered.
Count on it every time:

- We raise our cod in the cold, pristine waters of Canada's North Atlantic Ocean.
- We strictly control the temperature from harvest to delivery for absolute freshness.
- Our technology-enabled harvest minimizes stress for the fish, resulting in a firm texture and appealing uniform colour.

Our Cold Ocean Cod will satisfy and delight your most discerning customers!



- Firm white fillets are perfectly clear and translucent.
- Fillets cook to a moist, flaky and delicately-tender melt-in-your mouth texture.
- Discerning chefs count on our Cold Ocean Cod because of its near-perfect texture and the fact that we can deliver consistent quality throughout the year.

True North Cold Ocean Cod

Expect exquisite taste and texture all year round.

Atlantic Cod is a great source of **protein**. One 113-g serving provides about 50% of the daily requirement.

Fish health

We ensure our fish practice normal behaviour in their habitat by stocking our ocean sites at low densities of 2-3%. We monitor and actively intervene so that our fish are free from hunger, discomfort, pain and distress.



Forms

Head-Off
Fillets

Description

Market large
Market large



The freshest cod you can buy!

At True North, we put freshness first. In fact, your next order is currently swimming in the North Atlantic Ocean. Plus we:

- Harvest to order for absolute freshness.
- Harvest cod every day, all year round.
- Harvest and ship your order within 24 hours so you typically receive your order in 48 hours.

- Integrated, technology-driven processes and careful quality-control systems ensure that cold ocean cod is consistently superb and prepared for you with the highest of food safety standards and full traceability.

Looking for more options? True North Salmon offers a full range of delicious seafood products.

For our full product offering visit truenorthsalmon.com today!